Three word ladders

Change exactly one letter on each step. Keep all four letters in the same positions.

A MILK to FACE

S	M	I	L	K
1				
2				
3				
4				
5	F	A	C	E

5 changes

B SHIP to COOK

S	S	H	I	P
1				
2				
3				
4				
5				
6	C	O	O	K

6 changes

C PARK to WORD

S	P	A	R	K
1				
2				
3				
4				
5				
6	W	O	R	D

6 changes

Try one move first

G	A	M	E

S	A	M	E

G becomes S. The A, M and E stay put. Do not add, remove or rearrange letters.

Use ordinary US English words, with no names or abbreviations. Every blank is one word. Other valid routes can count; optional clues lead to the included route.