

# Sports Mom Essentials Checklist

Give repeat items a home. Add only what changes today.

■ THIS PLAYER AND SEASON

Player \_\_\_\_\_ Sport / season \_\_\_\_\_

Regular venue \_\_\_\_\_ Official team list / source \_\_\_\_\_

■ WHERE EVERYTHING RETURNS

Player bag lives \_\_\_\_\_ Sideline tote lives \_\_\_\_\_

Bulky items live \_\_\_\_\_ Final checker \_\_\_\_\_

■ PLAYER BAG • COPY THE CURRENT COACH OR LEAGUE LIST

|   | CURRENT REQUIRED ITEM | HOME POCKET / POUCH  | PACKED                   |
|---|-----------------------|----------------------|--------------------------|
| 1 | <input type="text"/>  | <input type="text"/> | <input type="checkbox"/> |
| 2 | <input type="text"/>  | <input type="text"/> | <input type="checkbox"/> |
| 3 | <input type="text"/>  | <input type="text"/> | <input type="checkbox"/> |
| 4 | <input type="text"/>  | <input type="text"/> | <input type="checkbox"/> |
| 5 | <input type="text"/>  | <input type="text"/> | <input type="checkbox"/> |
| 6 | <input type="text"/>  | <input type="text"/> | <input type="checkbox"/> |

■ SIDELINE TOTE • ORDINARY FAMILY CHOICES

|      | PHONE / KEYS / WALLET | CHAIR / BLANKET      | TISSUES / WIPES      | DAMP-ITEM BAG        | SIBLING ACTIVITY     | PACKED                   |
|------|-----------------------|----------------------|----------------------|----------------------|----------------------|--------------------------|
| Pack | <input type="text"/>  | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="checkbox"/> |

■ TODAY ONLY

|   | DATE / EVENT         | CURRENT VENUE DETAIL | FAMILY COMFORT ADD-ON | OTHER ADDITION       | PACKED                   |
|---|----------------------|----------------------|-----------------------|----------------------|--------------------------|
| 1 | <input type="text"/> | <input type="text"/> | <input type="text"/>  | <input type="text"/> | <input type="checkbox"/> |
| 2 | <input type="text"/> | <input type="text"/> | <input type="text"/>  | <input type="text"/> | <input type="checkbox"/> |

■ RETURN-HOME RESET

Use the current coach, league, or venue source for player requirements and rules.

Take out, clean, or return \_\_\_\_\_

Missing or used up \_\_\_\_\_ Reset finished by \_\_\_\_\_