

First Day of Kindergarten

Confirm the school details, stage the night before, and keep the first morning simple.

Child _____

■ CONFIRM WITH THE SCHOOL

Use the school email or orientation note. The school-specific answer wins.

School _____ Teacher _____ Date _____

Arrival window _____ Entrance _____

Drop-off adult _____ Pickup adult _____ Pickup place _____

■ THE NIGHT BEFORE

- | | |
|--|--|
| ☐ Pack the backpack from the teacher's list | ☐ Clothes and shoes laid out together |
| ☐ Lunch or lunch plan confirmed | ☐ Photo sign filled in and set by the door |
| ☐ Snack packed if the school requested one | ☐ Departure time set with a little buffer |
| ☐ Water bottle filled and set by the bag | ☐ Drop-off and pickup adults both know the plan |

■ THE FIRST MORNING

- | | |
|---|--|
| ☐ Eat the breakfast your child already knows | ☐ Leave at the planned time |
| ☐ Take the photo before shoes and departure | ☐ Follow the teacher's arrival process |
| ☐ Bathroom, teeth, clothes, shoes | ☐ Keep the goodbye simple and familiar |
| ☐ Backpack and water bottle in hand | ☐ Confirm where and when pickup happens |

■ AFTER SCHOOL

Something that felt new _____

Something to put in the bag tomorrow _____

Any new teacher note, date, or form _____