

Babysitter & Grandparent Handoff

Fill it in on your computer or by hand, then print and reuse.

■ TONIGHT

Date _____ Covering from _____ until _____

Parent to call first _____ phone _____

Backup adult nearby _____ phone _____

Home address _____

■ KIDS

One line per kid. Add ages and anything a sitter should know.

Name, age _____ Allergies, meds _____

■ IN AN EMERGENCY

Family context, not medical or safety advice.

Poison Control (US) 1-800-222-1222

Urgent danger Call 911 or your local emergency number

Pediatrician / phone _____

■ THE PLAN

Dinner _____

Activity / pickup _____ who drives _____

Bedtime _____ screens _____

Anything different tonight _____

■ HOUSE

Doors, locks, alarm _____

Pets _____

Quirks worth knowing _____

■ BEFORE YOU LEAVE

Notes for us (anything that came up) _____

Pay the sitter \$ _____