MAVO · MAVOLIFE.COM

Babysitter & Grandparent Handoff

Fill it in on your computer or by hand, then print and reuse.

TONIGHT

Date _____ **Covering from** _____ **until** _____

Parent to call first _____ **phone** _____

Backup adult nearby _____ **phone** _____

Home address _____

KIDS

One line per kid. Add ages and anything a sitter should know.

Name, age	Allergies, meds

IN AN EMERGENCY

Family context, not medical or safety advice.

Poison Control (US) 1-800-222-1222

Urgent danger Call 911 or your local emergency number

Pediatrician / phone _____

THE PLAN

Dinner _____

Activity / pickup _____ **who drives** _____

Bedtime _____ **screens** _____

Anything different tonight _____

HOUSE

Doors, locks, alarm _____

Pets _____

Quirks worth knowing _____