

# 30-Day Declutter Challenge

One small area a day. When the named area is closed, leave the next one for tomorrow.

## ■ START HERE

Pick any day to begin. A missed day can stay blank; resume with the next small area when you return.

Start date \_\_\_\_\_ Where this sheet lives \_\_\_\_\_

## ■ DAYS 1–10 • LANDING SPOTS AND KITCHEN EDGES

- |                                                          |                                                                    |
|----------------------------------------------------------|--------------------------------------------------------------------|
| <input type="checkbox"/> Day 1: one entry drawer         | <input type="checkbox"/> Day 6: one utensil drawer                 |
| <input type="checkbox"/> Day 2: the floor by the door    | <input type="checkbox"/> Day 7: one food-storage shelf             |
| <input type="checkbox"/> Day 3: one coat hook or basket  | <input type="checkbox"/> Day 8: one mug or glass shelf             |
| <input type="checkbox"/> Day 4: one kitchen counter zone | <input type="checkbox"/> Day 9: one refrigerator door shelf        |
| <input type="checkbox"/> Day 5: one paper landing spot   | <input type="checkbox"/> Day 10: one under-sink ordinary-items bin |

## ■ DAYS 11–20 • EVERYDAY ROOMS AND CLOTHES

- |                                                             |                                                               |
|-------------------------------------------------------------|---------------------------------------------------------------|
| <input type="checkbox"/> Day 11: one coffee or side table   | <input type="checkbox"/> Day 16: one sock or underwear drawer |
| <input type="checkbox"/> Day 12: one book or game shelf     | <input type="checkbox"/> Day 17: one shirt drawer or shelf    |
| <input type="checkbox"/> Day 13: one media or charging spot | <input type="checkbox"/> Day 18: one bedside-table drawer     |
| <input type="checkbox"/> Day 14: one sofa-side basket       | <input type="checkbox"/> Day 19: one linen shelf              |
| <input type="checkbox"/> Day 15: one bathroom drawer        | <input type="checkbox"/> Day 20: one shoe row or bin          |

## ■ DAYS 21–30 • WORK, PLAY, AND CLOSEOUT

- |                                                                 |                                                                         |
|-----------------------------------------------------------------|-------------------------------------------------------------------------|
| <input type="checkbox"/> Day 21: one desk drawer                | <input type="checkbox"/> Day 26: return keepers from one basket         |
| <input type="checkbox"/> Day 22: one craft or supply bin        | <input type="checkbox"/> Day 27: choose one donation handoff            |
| <input type="checkbox"/> Day 23: one toy or hobby shelf         | <input type="checkbox"/> Day 28: take one outgoing bag to its next spot |
| <input type="checkbox"/> Day 24: one bag or backpack pocket     | <input type="checkbox"/> Day 29: revisit one unfinished small area      |
| <input type="checkbox"/> Day 25: one car console or door pocket | <input type="checkbox"/> Day 30: name the next small project, then stop |